# Monthly Magazine of Pax Christi Catholic Community in Eden Prairie TAP INTO YOUR INNER WISDOM WITH SOULCOLLAGE® Page 8–9 Exploring the contemplative in surprising places.

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#### **Office Hours**

Monday-Thursday 8:00am-4:30pm Friday 8:00am-12:00pm

#### **Mass Schedule**

Weekend Masses

Saturday 5:00pm

Sunday 9:00am, 11:00am, 5:00pm

Nursery available at all weekend Masses. Interpreter for hearing impaired at 11:00am.

#### Weekday Masses

Mondays 8:30am

Tuesdays 8:30am with Rosary to follow

Wednesdays 6:00pm Thursdays 8:30am Fridays 8:30am

#### Sacrament of Reconciliation (private)

Saturdays 4:00-4:30pm

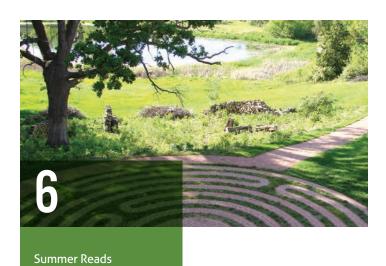
Mission Statement: Pax Christi Catholic Community, in company with God, and guided by the Spirit of Vatican II, welcomes all as leaders in faith for service to the world.

Vision Statement: Pax Christi Catholic Community will be a community guided by a cooperative spirit that supports growth in faith and calls for each member to engage in active and generous service to each other, our community and the greater world.

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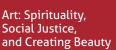






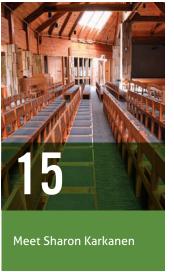
SoulCollage®





Stewardship News



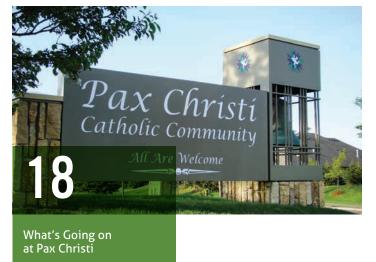


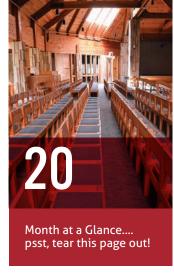


Surrounded by Art











4 BEFORE I FORGET... by Fr. Bill Murtaugh
BEFORE I FORGET... by Fr. Bill Murtaugh

## BEFORE IFORGET...



**Fr. Bill Murtaugh** Pastor

POURED WATER INTO A

BASIN AND BEGAN TO

WASH THE DISCIPLES'

FEET AND TO WIPE

THEM WITH THE

TOWEL THAT WAS TIED

AROUND HIM.

-JOHN 13:5

THEN HE (JESUS)

**EVEN** as a young boy, Millard Fuller excelled at business and finance. When he turned 13, his father, a farmer, gave him a pet pig. Millard, already something of an entrepreneur, bred his pet pig with other pigs on the farm and became a teenage livestock trader. During high school he made enough money selling livestock to pay his entire four years of college. While attending law school, Millard went into partnership with a friend, marketing various products. They invested most of their profits into real estate. During his final year of law school, Fuller made \$50,000 from his various business interests. After graduation, he began a successful law practice. On the side, Millard went into the cookbook and mail-order business with phenomenal success.

During law school Millard met and fell in love with a woman named Linda and married her. Together they had four children. By his early 30s he was already a millionaire. He owned a luxurious home, a vacation retreat, boats, cars, and significant assets in three cattle ranches. Now, successful and rich, he had a picture-perfect family. He seemed to have everything a person could wish for—

youth, success, money, health, marriage, children, and status in the community...the American dream. If anyone should be happy, content, and fulfilled, it would be Millard Fuller.

But Linda and Millard were not fulfilled. One day Linda stopped at Millard's office and told him she didn't think she loved him anymore. Millard's brush with divorce resulted in some serious soulsearching in his life. Over the next several months, the young couple made several important decisions. They decided not to get a divorce. Instead, they vowed to stick

together and work out their problems. Next, they realized that their possessions had not enriched them, but enslaved them. So they made a radical decision to give away their belongings and start fresh. They sold their business and most of their assets, then gave the proceeds, over a million dollars, to charity, And finally, they decided to devote their lives to serving other people instead of themselves. Eventually Linda and Millard founded an organization called Habitat for Humanity. As you know, Habitat for Humanity is a Christian organization that helps working poor people get decent housing.



Pax Christi 2016 Habitat for Humanity group.

At a Habitat for Humanity rally, before his retirement and eventual death, Millard told the audience that he experienced far more fulfillment working for Habitat than he ever did making millions of dollars in business. He said, "The happiest, most satisfied, and most fulfilled people I know are concerned about something bigger than themselves." When Linda and Millard Fuller moved beyond their own selfish interests and began serving others, they discovered joy and contentment in their lives. We are no different. If we want to be fulfilled, we must find ways to serve.

That brings us back to Jesus and His teaching that service to others is a key ingredient of a rewarding life. By taking on the role of a servant and washing the disciples' feet at the Last Supper, Jesus taught us that true fulfillment comes from caring for others. As Jesus said at that final meal, when we follow His example and serve others, we will be blessed, and blessed means to be on the right path. When we care for and serve others we will find "real life."

There are hundreds of ways to follow Jesus' example. But every Christian is called to pick up a towel and wash the feet of others in some way. Our Sunday Eucharist, our hours of prayer and spiritual reading, should lead us to serve and to care for others, especially the outcasts, the poor, the forgotten. That is exactly what Jesus did: prayer, compassion, and service to others.

We all are called to serve as disciples of Jesus. As I thought about Millard Fuller, I couldn't help but think of President Jimmy Carter. More than anyone else, he helped make Habitat for Humanity famous. After leaving the White House, Carter devoted his life to

serving others. It's not only elaborate service projects that he engages in. He also performs ordinary, mundane service. He spends a lot of time at Habitat construction sites, hammering nails, and carrying lumber. He teaches Sunday school at his church every Sunday. And every other month he and Rosalynn take their turn mowing the grass and cleaning the bathrooms at their little church in Plains, Georgia.

Barbara Walters once interviewed Jimmy Carter on TV. She asked him to think back on his remarkable life as an

engineer, naval officer, peanut farmer, governor, and finally president of the United States of America. She asked him, "What phase of your life did you most enjoy?" He thought about it for a moment, smiled a big smile, and said, "Now."

spiritual life? I have only two suggestions: join the community every week for Sunday Eucharist/Mass, and live as if the Gospel is true. We grow in faith more by subtraction than by addition.

Want to grow in your



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## SUMMER READS

AT ANY given time, I have a rather large pile of spiritual books on the coffee table in my living room, right next to my favorite chair. A beloved after dinner activity is to pick up one of these books and spend an evening savoring the insights they offer. These are special books that I tend to read in bits and pieces rather than devour as I'm known to do with a really good novel. Spiritual reading feeds our soul in a different way, so it helps to have some added time to read with great care and love as we uncover the lessons and allow them to transform us.

Henri Nouwen says, "As we read spiritually about spiritual things, we open our hearts to God's voice. Sometimes we must be willing to put down the book we are reading and just listen to what God is saying to us through its words."

Some books in my pile hold a special memory. Pages are dogeared, whole sections highlighted, or comments may be written in the margins. I smile as I leaf through them. Often spiritual books require a second reading, or maybe even a third, as we mature and the words take on new meaning. Our soul is fed in a new way.

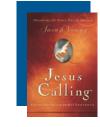
Last summer I invited the Care and Support shared ministers to a book-share potluck, and everyone was delighted as they shared stories about their beloved books and how they connected them in a deeper way to their faith, spiritual journey, or to a new understanding of the mystery of God. Most lamented on the difficulty of choosing just one and we all nodded in agreement.

Below you will find some of their favorite suggestions, which we hope you will add to your summer reading list. I know I will.



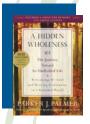
**A Good Time for the Truth: Race in Minnesota** by Sun Yung Shin (Diane Hansen).

In this provocative book, 16 of Minnesota's best writers provide a range of perspectives on what it is like to live as a person of color in Minnesota.



Jesus Calling by Sarah Young (Tom Sampson).

A devotional filled with uniquely inspired treasures from heaven for every day of the year.



A Hidden Wholeness: The Journey Toward an Undivided Life by Parker Palmer (Kris Joseph).

Parker speaks to our yearning to live undivided lives, lives that are congruent with our inner truth, in a world filled with the forces of fragmentation.



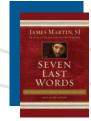
Atchison Blue: A Search for Silence, a Spiritual Home and a Living Faith by Judith Valente (Fred and Patricia Baumer).

This meditative spiritual memoir invites readers along on the author's transformative pilgrimages to Mount St. Scholastica monastery in Atchison, Kansas.



Option B: Facing Adversity, Building Resilience, and Finding Joy by Sheryl Sandberg (Sara Byerley).

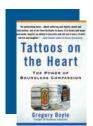
Resilience comes from deep within us and from support outside us. Even after the most devastating events, it is possible to grow by finding deeper meaning and gaining greater appreciation in our lives.



**Seven Last Words: An Invitation to a Deeper Friendship with Jesus** by James Martin (Ed Kroner and Jan Mahony).

Martin offers a portrait of Jesus, using His last words on the cross to reveal how deeply He understood our predicaments, what it means to be fully human, and why we can turn to Christ completely, in mind, heart, and soul.





**Tattoos on the Heart: The Power of Boundless Compassion** by Gregory Boyle (Bernadette Kelly). Boyle distills his experience working in the ghetto into a breathtaking series of parables inspired by faith.



**The Holy Longing: The Search for a Christian Spirituality** by Ronald Rolheiser (Jean Thoresen).

Rolheiser probes the question, "What is spirituality?" The book cuts through the misunderstanding and confusion that can often surround this subject with his trademark clarity.



Four

Things

Matter

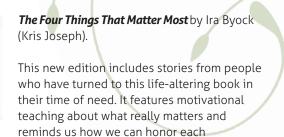
The Emergent Christ by Ilia Delio (Dave Putrich).

Ilia Delio makes fascinating sense of the universe, beginning with the story of cosmic evolution, coursing through the meaning of God in evolution, and the emergence of Christ.



The Jesuit Guide to (Almost) Everything: A Spirituality for Real Life by James Martin (Dee Schmaltz).

This practical spiritual guidebook, based on the life and teachings of St. Ignatius of Loyola, shows us how to manage relationships, money, work, prayer, and decision-making, all while keeping a sense of humor.



relationship every day.

The Meuritain Trail Level **The Mountain That Loved a Bird** by Alice McLerran (Diane Scott).

When a lonely desert mountain asks a traveling bird to take a rest and visit with him, the bird does so and soon a friendship forms that will transform the mountain forever.

Written by Jean Thoresen, Director of Care and Support Ministry

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## TAP INTO YOUR INNER WISDOM WITH SOULCOLLAGE®

#### The four suits of SoulCollage®

#### 1 THE COMMITTEE SUIT

Cards for the parts of our personality and our various roles in life.

#### **2 THE COMMUNITY SUIT**

Cards for people, groups, places, and pets which inspire, mentor, and support us.

#### **3 THE COMPANION SUIT**

Cards representing our energies such as creativity, self-esteem, relationships, wisdom, communication, intuition, divine connection, etc.

#### **4 THE COUNCIL SUIT**

Cards for archetypes that make up our essence (a few examples out of hundreds: Hero, Creator, Rebel, Explorer, Jester, Sage, Caregiver).







**WHEN** was the last time you made a collage? Perhaps you have created a vision board, or perhaps you use images in your journal practice. For most of us, I imagine that we recall the joys of making a collage either with our children or from our own childhood. What if, now as an adult, you could snip, assemble, and paste your way to some revealing insights? What if, in the middle of a transition or at a crossroads there was a way to get some helpful inner guidance with a decision? SoulCollage®, an intuitive collage process, is one way some people find their answers and at the same time are able to rest, play, and have fun.

SoulCollage® is a fun process that anyone can do. People make a deck of 5 x 8-inch collaged cards, one card at a time. These individual cards make up a unique deck, where each card represents a different aspect of the individual. The deck includes four suits (see sidebar) and three spiritual cards. The three spiritual cards signify the Divine Source, one's SoulEssence, and one's inner Witness. As Seena Frost describes:

SoulCollage® has a spiritual underpinning in that we imagine that there is an overall oneness, a unity, a formless realm of being in which every form comes. We call this oneness Source. We make a card for Source and we place it in the center of readings to symbolize unity, and it is a silent card. We also make two other silent cards that are spiritual cards: one for SoulEssence and one for The Witness. This SoulEssence is unique to us—our special and divine potential for this life in the world. Witness is our potential for becoming conscious. All our other SoulCollage® cards do their best to reflect and speak for these spirit cards. As we create cards for these parts and name them and speak for them, our soul is working as a unit to discover what our talents and passions are—how to manifest them in our external lives . . . in our work and the world.

People use their SoulCollage® cards to access their own inner wisdom and spirituality. They find direction by journaling with supplied guided questions and their cards. The cards show us what we need to focus on in our lives now. The cards can also help when we are planning a life change because a personal deck of cards represents our own 'inner counselors' whose only job is to pass along insight, information, and challenges that may lay buried in the busyness of our daily lives. Various guided questions sheets are provided for these times. SoulCollage® validates that we have all the answers inside us.

The book SoulCollage® Evolving: An Intuitive Collage Process for Self-Discovery and Community (Hanford Mead Publishers) describes the process developed by Seena Frost, an art psychotherapist who earned a Master of Divinity from Yale Divinity School, had a master's degree in psychology, and immersed herself in a three-year study of anthropology with one of the world's leading anthropologists. These areas of spirituality, psychotherapy, cultural studies, and creativity—combined with her interest in psychiatrist Carl Jung's work about the importance of myths, stories, dreams, and archetypes in our lives—served to inspire Seena to create the process. Seena used the process in her work and found that the work with her clients was so effective and quick, that word spread and she started receiving more requests from people who wanted to be clients than she could handle. From there, she started training facilitators to spread this process to more





people. SoulCollage® has been quickly growing since its availability over the last 14 years with more than 3,500 trained facilitators who are practicing in 48 states and 44 countries.

#### How does one make such a deck? There are three steps:

- 1. People choose visual images intuitively from piles of images that have been gathered from magazines, catalogs, calendars, books, and more.
- 2. They collage a card or cards using those images they have chosen.
- 3. They "listen" to the card and journal its wisdom from their new image created.

Looking in on a SoulCollage® workshop, one would see people who decided to take a little time just for themselves. They are seated around a table, scissors, glue, and 5x8-inch mat boards in front of them. After a brief meditation that puts the mind into right-brain, creative, intuitive mode, they go to the tables of images and gather those that call to them. Although they don't understand why exactly, they feel an emotional connection with those images. Back at the table, they cut carefully around the images. They take the images and move them around on the mat board (card) until it feels right, then they glue them down. The SoulCollage® card practically makes itself. Following simple guided journal questions, the individual SoulCollage® cards will "speak" back to the one who made them and offer access to the cardmaker's own inner wisdom. The journal sheets are kept with each card, which is protected with a cellophane sleeve. All materials are provided in the workshops. When finished, the group places their cards in a circle on a round table. The participants enjoy walking around the circle in silence and appreciating the diversity and beauty of the cards—the inner souls of each other. Participants are consistently surprised with and delighted by their own cards and the cards of others.

As a facilitator, I consistently hear comments about how fast the time in the workshop goes, how profound and meaningful it is, how meditative the experience is, how relaxing it is, how it unleashes one's creativity, how healing it is, and how insightful the guidance is. Everyone enjoys the physical act of cutting and gluing. It keeps one mindful and present to the moment—the goal of meditation.

I personally have made over 100 cards that I keep in a beautiful box that I treasure. I, like many others, will choose certain cards at various times to display on my prayer table. SoulCollage® is a visual journal that we create to access our inner intuition, our inner wisdom, and our resources. SoulCollage® is one of many wonderful tools to address the question, "Who am I and what am I doing on this earth?" I enjoy SoulCollage® and am delighted to share the process with others who also find it meaningful.

Lynn Schelitzche, Director of Faith Formation, is a trained SoulCollage® Facilitator who offers SoulCollage® workshops at Pax Christi. Please contact her at lschelitzche@paxchristi.com or check our eNEWS and "Event Registration" icon on our website for more information. You can learn more by visiting www.SoulCollage.com and YouTube channel SoulCollage®TV.

Scientific research on the brain and human behavior tells us that 95% of daily activities emerge from an unconscious part of our brain. That other 5% of the brain, that conscious part, is full of many inner voices. Voices that argue and fuss among themselves. They all work hard to manage this human soul, and other souls, too. So today we have many varied processes, working side-byside, secular and mystical ones, combinations of scientific and spiritual ones, each striving to help humans wake up. SoulCollage® is one of these modalities. Images are at the center of the SoulCollage® process. We know they can open the heart, and they open it in a different way from words. Once that right brain, creative door is open, the human soul wants to go there over and over so it can grow and be refreshed. Everyone has a different assortment [of SoulCollage® cards]. Each soul is unique.

-Seena Frost, founder of SoulCollage®

#### **Upcoming SoulCollage® Dates:** All sessions are in Room 212 from 6:00–8:00pm

- June 5 Open SoulCollage®
- July 17 Open SoulCollage®
- September 11 SoulCollage® Companion Suit
- October 9 Open SoulCollage®
- November 5 SoulCollage® Council Suit
- December 4 Open SoulCollage®

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# ART: SPIRITUALITY, SOCIAL JUSTICE, AND CREATING BEAUTY

**IN FEBRUARY** of this year, Pope Francis met with a group of musicians, actors, poets, painters, dancers, sculptors, and architects, imploring them to "discover the beauty of being loved by God and bear witness to it in attention shown to others, especially those who are excluded, wounded and rejected in our societies." Making a contrast between modern technology and art, the pope urged artists to create "an oasis of beauty" as a more powerful path to understanding the meaning of life "especially in our cities, which are too often filled with cement and lacking soul." (https://cruxnow.com/vatican/2018/02/26/artists-canhelp-people-discover-beauty-gods-love-pope-says/)

This was not the first time that Pope Francis has spoken about the power and purpose of art as a means to spiritual transformation and social change. In the 2015 documentary film, My Idea of Art, Pope Francis speaks to the creative power of art and artist. He says, "Artists must rebel against the culture of throwaways, the idea that everything's disposable. Their job is to evangelize. Artists are witnesses of the invisible and their works the strongest of all proofs that materialization is possible. To make visible the mystery of a work of art's dynamism, you need the hands, handiwork, and talent of an artist. Artists' hands, symbolically speaking, give mankind dignity because they're the instruments, the tools, of our work." In this statement we see the life-giving creativity which inextricably fosters spirituality and keen awareness of the dignity of the human person which is at the heart of Catholic Social Justice teaching. (https://insidethevatican.com/magazine/ culture/pope-francis-art/)

Argentinian artist, Alejandro Marmo, whose artwork now graces the Vatican gardens, spoke with the Catholic News Service at the opening of *My Idea of Art*, in June of 2017. Marmo describes Pope Francis as one who has the mind of an artist with a hands-on, artist's approach in offering pastoral care. He said, "He combines intelligence, humility, human labor and his closeness to people who have no power. For me, this is the way to create real beauty."

Marmo first met Pope Francis when he was Cardinal Bergoglio, the archbishop of Buenos Aires. Marmo described himself at the time as an agitated disaffected artist struggling to make sense of the world. His encounter with Bergoglio was life changing. In sharing his struggles, Marmo found that, "they were both alarmed by the culture of waste and hopelessness in their city, which was facing severe economic and social crises." The pope challenged Marmo to go out to the margins of the city, "where art usually has no place," to create a bridge and "dialogue with the people there." And so began the integrated spiritual and artistic life of Alajandro Marmo. Marmo's mission in art is to involve young people abandoned by society and refuse discarded by the economy and "breathe new life into both." (https://cruxnow.com/vatican/2017/07/07/art-youve-never-seen-new-film-highlights-pope-franciss-vision/)

Two of Marmo's statues, Cristo Operaio (Christ as a Worker) and Vergine di Lujan (Our Lady of Lujan), a symbol of Argentinian traditions, now stand in the Vatican gardens. These beautiful and inspiring pieces of art were created with the help of youth who are struggling with drug addiction. Rusty old gates and chains form the



Pope Francis blesses two new statues by Argentine artist Alejandro Marmo, left, at the papal villa at Castel Gandolfo, Italy, Nov. 16. The statues are iron sculptures of the crucified Christ and Our Lady of Lujan.

(CNS photo/L'Osservatore Romano)

image of Christ on the cross and the Blessed Mother in these two sculptures. They are truly a testament to the notion that art, artists, and art-making are manifestations of truth of the incarnation.

Alejandro Marmo tells us that art can "help people and make daily life better—art as something that can lead out of the shadow and into light and requires visibility to render its message universal—and this is also true of Pope Francis' faith." (http://www.ansa.it/english/news/2014/12/11/ansa-alejandro-marmo-fromoutcast-to-artist-for-the-pope\_3d7c7a11-5233-4e0b-a3c1-53a765b175e9.html)

Now, we see partially. Someday, all will be revealed to us.

In the meantime, the truth of connection, building bridges, being in dialogue through artistic expression and artistic listening, collaboration, and purpose, gives us something to hold onto. The creative process of making art, especially if the process includes going out to the margins to connect and collaborate with the lost and broken, helps us to see what could be in the future. The resulting art, also, inspires a vision for who we truly are and what we can choose to be. We cannot do, we cannot be, what we cannot see. When we see through the eyes of a true artist, there is no telling what world we can create together.

Written by Joan Howe-Pullis, Justice Ministries Coordinator

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## **SURROUNDED BY ART**

**THE CHURCH** needs art. Thanks to the Pax Christi Art Committee, made up of both artists and non-artists, Pax Christi parishioners are surrounded by art. The committee has more than a dozen members who coordinate four art exhibits annually in Pax Christi's Pacem in Terris Gallery.

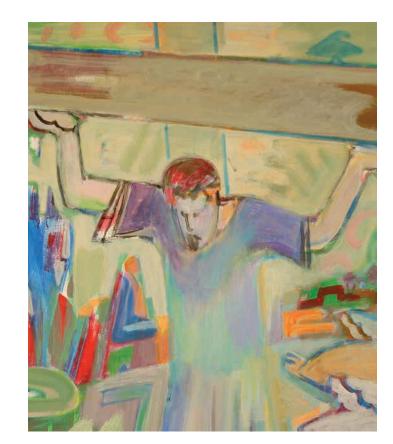
Jean Allen is an Art Committee member who is also an artist. Jean has been a Pax Christi parishioner for 10 years and Art Committee member for five years. She joined the committee after exhibiting a piece in the Pax Christi parishioner art show, which is one of the four exhibits held each year. Jean, who is a former art teacher and special education teacher, works with both watercolors and acrylic paints, using a variety of subjects, including Madonna and Child. The parishioner art show was an opportunity for Jean to get to know other artists in the community.

Jean said that since part of the committee's goal is to expose as many people as possible to art, a large part of the committee's work is publicity. Beyond internal communications which reach the Pax Christi Community, outside publications like the Catholic Spirit and the Star Tribune are used to reach non-parishioners. The exhibits are chosen based on the quality and interest of the art, not the subject, and the exhibits aren't just about religious works. Yet, when the subject matter is religious, Jean feels that art can greatly enhance a person's perspective and understanding of the gospel. One of the exhibits she enjoyed the most featured Icon pieces, created locally in Stillwater.

Bridget Hauff is another committee member who is also an artist and an art teacher. Like Jean, Bridget has exhibited her work in the parishioner art exhibit. Bridget recognized that a parish art committee was uncommon for most churches and that this was a unique opportunity—a good fit for her interests and the perfect way for her to give back to the community. When she first joined the committee, another member mentored her so that she would be prepared to provide leadership within the group. Today, Bridget plays a prominent role in the selection of artists for the exhibits. She noted that two artists she particularly enjoyed were Raynele Schneider and Kirsten Malcolm Berry—two of Pax Christi's more recent exhibitors.

Bridget and the other committee members look for potential exhibits by reaching out to artists through attendance at art shows, word of mouth, and online research. They look for art that will have an impact on the community, but very often, the impact is also felt by the artist. Bridget says, "The exhibits are also a way for artists to enter the Pax Christi community to see what we are all about." Also, Pax Christi is a safe environment for Christian artists to showcase their work. An added bonus is that the space itself, the Pacem in Terris Gallery, gives artists a chance to see people viewing their art, make connections, and be present.

For parishioners, the exhibits are a way to see art in a meaningful way. Unlike a large museum where visitors spend less than ten



seconds looking at each piece, the gallery is a place to fully engage with the art. Bridget sees each exhibit as an opportunity for people to really look at colors and line, talk with a companion about the piece, and to make a human, emotional connection. She adds that no matter what the exhibit, the shows are a way for people to appreciate artists' skills and the attention that artists give to their craft.

Denise Price is someone who appreciates art, but for her, joining the art committee was also about community. Denise, who doesn't have an art background, joined the Art Committee because she wanted to connect with other parishioners. This spring her involvement on the committee focused on the parishioner art exhibit. Denise was impressed by the artistic talent within the community and was struck by the variety of works submitted. She is also pleased with how the Art Committee has helped her form more connections within Pax Christi.

Jean Allen says that the committee welcomes the input of parishioners, as well as the opportunity to collaborate with other committees within Pax Christi. The art committee serves as an opportunity for artists and non-artists to nurture the community's appreciation of art.

Written by Karin Poellinger, Staff Writer and Technical Editor







Letter of Pope John Paul II to Artists, to all who are passionately dedicated to the search for new "epiphanies" of beauty, so that through their creative work as artists they may offer these as gifts to the world.

Like the artists of every age, captivated by the hidden power of sounds and words, colors and shapes, you have admired the work of your inspiration, sensing in it some echo of the mystery of creation with which God, the sole creator of all things, has wished in some way to associate you.

—Pope John Paul II

What a blessing—to be "inspired"—this Divine Spark—as poet, writer, sculptor, architect, musician, painter, actor, to feel at the same time the obligation not to waste this talent but to develop it, in order to put it at the service of the others, especially the faith community.

The church needs artists and musicians. In song, faith is experienced as joy, love, and confident expectation of the intervention of God. The Spirit is the mysterious Artist of the universe. The gift of creative inspiration (unexplainable in most cases) brings together the good and the beautiful, truly moments of grace.

-Written by Donna Kasbohm, Dir. of Worship and Music

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COUNTING my mom and dad.

there were at least seven of

us, sometimes more, who

gathered around the family

table for any meal. We

enjoyed a large kitchen, but all

those chairs made more than a

sizeable amount of clutter. My

dad came up with a great idea

and fashioned a table top out

of a wooden hollow core door,

set it atop some fancy wood

braces, and added two picnic

style benches that could be

easily tucked under the table.

Our family "picnicked" at every

meal for years around that

table, and it became the center

of many treasured memories

for me and my siblings. Seated

around the table, we each took

a turn to share the news of our

day, and together we laughed,

argued, celebrated, monitored

current events of the 1970s,

and built a loving, tight-knit

family fueled by mom's great

cooking. We each had a place

around that table and knew

it was a safe environment

## **COME TO THE TABLE**

We all start on the outside
The outside looking in
This is where grace begins
We were hungry, we were thirsty
With nothing left to give
Oh the shape that we were in
Just when all hope seemed lost
Love opened the door for us
He said come to the table
Come join the sinners
who have been redeemed
Take your place beside the Savior now

Sit down and be set free
Come to the table

Come to the Table, Sidewalk Prophets, 2017 - Songwriters: Dave Frey / Ben Glover / Ben McDonald to test our ideas, learn our family values, and flourish as a community.

Around the family table, we learned more than manners, we were nourished by our parents' belief system, starting with hospitality ("We have just enough for everyone at the table and there's always room for one more"), learned about community ("There's no need to gobble down your meal because no one is excused until all are finished"), and nurtured with the best way to communicate with one another, especially when we disagreed ("Remember, when you are pointing your finger at your brother, you are pointing three back at yourself").

We all have our spot at the family table, large or small; we know we belong there. How about the other tables in our lives? At whose table are you seated? Hopefully, for most of us reading this article,

Eucharistic table of Pax Christi. which we gather around to share and grow in our faith as we break bread together. The Eucharistic table provides an enduring image of welcoming and hospitality, faith and love, sacrifice and gratitude. We are all welcomed to the table of Jesus Christ. At the table we come as we are, in all of our brokenness, and it is at the table we are blessed and fed. We leave the table energized, ready to serve, and hopefully, share a welcome to others to ioin us at the table.

What is the table you share? As stewards and disciples of Jesus Christ, our call is to use our gifts to offer an invitation to come to the table.

Written by Mary Kennedy, Director of Stewardship and Development

### MEET SHARON KARKANEN

**ANY GIVEN** Monday Sharon Karkanen can be found at Pax Christi. "It doesn't take me long to do what I do," Sharon laughs, "oh maybe just an hour to an hour and half at most. It is really pretty quick and easy."

The volunteer philosophy she shares, "I have to be doing something with my time that is worthwhile, meaningful, and involves giving to others. I want my retirement years to have meaning and purpose."

Sharon has been a regular volunteer in the Building Services area for the last six years. She started her volunteer "career" by vacuuming the church every Monday. One of those things that if you are only in church on Saturday or Sunday for services, you probably (like me) would take for granted. But after a full weekend of Masses, the church is in need of a good vacuuming, and Sharon was there on Mondays taking care of business.

After a few years of vacuuming the church, Sharon moved on to restocking the bathrooms. That is her current volunteer "job" in Building Services. Maybe you don't realize this, but Pax Christi has 13 bathrooms, and every Monday—again after the weekend Masses—Sharon restocks the paper products and soaps and empties the trash. Initially, during her rounds walking the building restocking all the bathrooms, Sharon noticed that some of the plants in the building were in need of some TLC. "I started watering when I realized some of them were a little dry and droopy. And then I started doing some light pruning when a few were getting too leggy."

Sharon really enjoyed the plant care. She comes by it naturally, as before moving back to Minnesota and joining Pax Christi back in 1998, she had taken a few horticulture classes in California and really enjoyed it. Once in Minnesota, she found seasonal part time work at Bachman's. She no longer works at Bachman's. And is no longer involved with the weekly plant care, as that now involves a team of people. However, she is able to keep her hand in by also helping out with the Environmental Spaces team who oversees the special seasonal displays in the sanctuary that rely on special foliage—think Easter lilies and Christmas poinsettias. Sharon also volunteers at Pax as a money counter. That team of volunteers is so large, she only comes in to do so one Monday a month and is part of the group that counts the collection from the previous Sunday evening Mass. She also volunteers with Pax Christi Loaves and Fishes team one afternoon a month to assist with meal prep at St. Stephen's Church in Minneapolis.



The London School of Economics examined the relationship between volunteering and measures of happiness. The findings revealed the more people volunteered the happier they were. And Sharon is the embodiment of the adage that volunteer service is good for you. She feels that helping others helps you forget about your own struggles and helps you feel better about yourself. When asked what her favorite thing is about volunteering at Pax Christi, she quickly responds with an easy grin, "The people." Adding, "I've met so many wonderful people over the years I wouldn't otherwise know." There are many, many ways to volunteer with Building Services requiring various amounts of time that can be done to accommodate various schedules. And as Sharon notes, "Are quick and easy."

Sharon has expanded her volunteer service across the greater community by also volunteering at the PROP Shop. She began there sorting household items and clothing. But she is also a self-taught crocheter and started crocheting dishcloths while watching TV with her husband in the evenings. She thought they could be included with a bottle of liquid soap in a pump dispenser, tied with a pretty ribbon, placed in a gift bag and given to new PROP Shop clients as a welcome gift.

Hopefully, Pax Christi will benefit from Sharon's creative and generous spirit for a long, long time. After all, her mother lived until age 90, her grandmother to 93, and she intends to make it to 100—and staying active and relevant is all a part of her grand plan.

Written by Geri Martin, Pax Christi parishioner

16 JUNE 2018 WHAT'S GOING ON AT PAX CHRISTI JUNE 2018 17

## MUSIC AND PURPOSE



MOST PEOPLE would agree that they can't imagine attending Mass without music. For Mackenzie Kloempken, she can't imagine not being part of that music. In fact, Mackenzie has a hard time remembering the last time she attended a regular Mass without playing the role of choir member, cantor, or instrumentalist.

Mackenzie was a music major in college and performed in choirs and musicals throughout high school. However, when Mackenzie was faced with some health issues, things changed, and music took a backseat. After being sidelined from performing, the Pax Christi choir became a safe way for her to re-enter the music world. Mackenzie said that although it was the first time she participated in music ministry, it was a place where she felt very at home. Now, when talking about participating in Mass and connecting with the congregation, she says, "This is where I feel most myself."

Music is a unique way to connect with the congregation and Mackenzie feels that those involved with music ministry are with each parishioner on their faith journey. She is aware that when people come to Mass that they have their own story, and own reasons for why they are attending that day. Mackenzie wants to share her gift of music to help provide a connection and to also offer encouragement. While she has participated in music ministry at other congregations, Mackenzie is most at home at Pax Christi. She tries to embody the spirit of "All are Welcome!" by making eye

contact with parishioners and making them feel comfortable no matter how they decide to participate and practice their faith. For some individuals this can mean singing along and participating, and for others it's just listening and reflecting.

Mackenzie's grandparents were Pax Christi parishioners and were the reason that Mackenzie and her family joined the parish. Both her grandparents passed not that long ago, and the Pax Christi worship space is where she feels closest to them. Mackenzie points out that music ministry is not just part of weekend Mass, but also weddings and funerals. Being in music ministry means that you are with people during life's highs and lows, and Mackenzie takes great pride in being present to support people at these important times.

Another important time for music ministry includes the days leading up to Easter—a special time of engagement between the choir, instrumentalists, and the congregation. Mackenzie notes that for her, Holy Thursday is especially moving. People are brought together through the washing of feet and she enjoys how the music and rituals tie together. This year's music for Easter Vigil service involved a first at Pax Christi when Mackenzie was selected to be one of the two cantors to lead the Easter Proclamation Exsultet. Mackenzie became the very first female to cantor that part of the Easter Vigil service. She recalls the beauty of the sanctuary as the candlelight illuminated the faces of the congregation and the gratitude that she felt being entrusted to such a technically difficult role. Mackenzie realizes that other people may not have been aware that she was the first woman to cantor that part of the Easter Vigil service, but thinks it is important for those who have an awareness of diversity and equity to see a woman in such a role. To her it further supports the idea that

When talking about demographics, Mackenzie would most like to reach the younger members of the parish. The 11:00am service includes many families who bring their young children, and she hopes the kids see music ministry as something they can be a part of. As a Millennial, she is also there to make it known that her generation can be present and engaged in the community. Taking her involvement further, she is seeking participation in the Worship Council, where she can play an even larger role in helping her generation form connections with the Pax Christi Community.

In her professional life, Mackenzie is taking a big step this year. She will leave her job as a school paraprofessional and is committing herself to pursuing music as a full-time profession. She isn't sure where that will lead, but she knows it's her purpose—the place where talent and passion intersect.

Written by Karin Poellinger, Staff Writer and Technical Editor

#### **PARISHIONER NEWS**

#### **APRIL BAPTISMS**

4/8/2018
4/8/2018
4/8/2018
4/15/2018
4/15/2018
4/22/2018
4/22/2018
4/22/2018

#### **APRIL FUNERALS**

Louise M. McCoy	4/04/2018
Irene M. Hoppe	4/05/2018
Barbara Tarara	4/07/2018
Donald M. Young	4/11/2018
Patricia Lotzer-Livingston	4/17/2018
Betty 'Lyda' Belanger	4/27/2018
Jeanette A. LeDoux	4/28/2018

#### APRIL NEW MEMBERS

Ryan and Jessica Bergeron
Cyler Irlbeck and Allison Murphy
Karen Krygier
Peter Liccardello
Jan McCabe
Mark Schroeckenstein

#### **APRIL WEDDING**

Jocelyn Wolney & Nate Fortuna 4/14/2018



#### **READINGS FOR JUNE**

#### **READINGS FOR THE WEEK OF JUNE 3, 2018**

Monday: 2 Pt 1:2-7; Ps 91:1-2, 14-16; Mk 12:1-12

Tuesday: 2 Pt 3:12-15a, 17-18; Ps 90:2-4, 10, 14, 16; Mk 12:13-17

Wednesday: 2 Tm 1:1-3, 6-12; Ps 123:1b-2; Mk 12:18-27 Thursday: 2 Tm 2:8-15; Ps 25:4-5ab, 8-10, 14; Mk 12:28b-34

Friday: Hos 11:1, 3-4, 8c-9; ls 12:2-6; Eph 3:8-12, 14-19; Jn 19:31-37 Saturday: 2 Tm 4:1-8; 1 Sm 2:1, 4-8abcd; Lk 2:41-51

Sunday: Gn 3:9-15; Ps 130:1-8; 2 Cor 4:13 -- 5:1; Mk 3:20-35

#### **READINGS FOR THE WEEK OF JUNE 10, 2018**

Monday: Acts 11:21b-26; 13:1-3; Ps 98:1-6; Mt 5:1-12 Tuesday: 1 Kgs 17:7-16; Ps 4:2-5, 7b-8; Mt 5:13-16

Wednesday: 1 Kgs 18:20-39; Ps 16:1b-2ab, 4, 5ab, 8, 11; Mt 5:17-19

Thursday: 1 Kgs 18:41-46; Ps 65:10-13; Mt 5:20-26

Friday: 1 Kgs 19:9a, 11-16; Ps 27:7-9abc, 13-14; Mt 5:27-32 Saturday: 1 Kgs 19:19-21; Ps 16:1b-2a, 5, 7-10; Mt 5:33-37 Sunday: Ez 17:22-24; Ps 92:2-3, 13-16; 2 Cor 5:6-10; Mk 4:26-34

#### **READINGS FOR THE WEEK OF JUNE 17, 2018**

Monday: 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7; Mt 5:38-42 Tuesday: 1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16; Mt 5:43-48 Wednesday: 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24; Mt 6:1-6, 16-18

Thursday: Sir 48:1-14; Ps 97:1-7; Mt 6:7-15

riday: 2 Kgs 11:1-4, 9-18, 20; Ps 132:11-14, 17-18; Mt 6:19-23

Saturday: 2 Chr 24:17-25; Ps 89:4-5, 29-34; Mt 6:24-34

Sunday: Vigil: Jer 1:4-10; Ps 71:1-6ab, 15ab, 17; 1 Pt 1:8-12;

Lk 1:5-17

Day: ls 49:1-6; Ps 139:1-3, 13-15; Acts 13:22-26;

Lk 1:57-66, 80

#### READINGS FOR THE WEEK OF JUNE 24, 2018

Monday: 2 Kgs 17:5-8, 13-15a, 18; Ps 60:3-5, 12-13; Mt 7:1-5 Tuesday: 2 Kgs 19:9b-11, 14-21, 31-35a, 36; Ps 48:2-4, 10-11;

Mt 7:6, 12-14

Wednesday: 2 Kgs 22:8-13; 23:1-3; Ps 119:33-37, 40; Mt 7:15-20

Thursday: 2 Kgs 24:8-17; Ps 79:1b-5, 8, 9; Mt 7:21-29

Friday: Vigil: Acts 3:1-10; Ps 19:2-5; Gal 1:11-20; Jn 21:15-19

Day: Acts 12:1-11; Ps 34:2-9; 2 Tm 4:6-8, 17-18; Mt 16:13-19

Saturday: Lam 2:2, 10-14, 18-19; Ps 74:1b-7, 20-21; Mt 8:15-17 Sunday: Wis 1:13-15; 2:23-24; Ps 30:2, 4-6, 11-13; 2 Cor 8:7, 9, 13-15;

Mk 5:21-43

WHAT'S GOING ON AT PAX CHRISTI JUNE 2018 19

#### **JUNE**

#### SOULCOLLAGE® - OPEN CARDMAKING SESSION

Tuesday, June 5, 6:00-8:00pm, Room 212 RSVP

Come enjoy a relaxing and fun art collage session with others. We make 5"x8" cards that reflect aspects of our inner selves, our soul's purpose, and the Divine. Once finished with each card, you journal with it by using the journal sheets with three guided questions. Find out what that card is all about. You may also want to make cards for your deck that honor others, so feel free to bring photos of loved ones, loved places, loved pets, and anyone in the world or heaven who has inspired you. Questions? Contact Lynn Schelitzche, lschelitzche@paxchristi.com.

#### SAYING FAREWELL TO FR MARC

Weekend of June 23/24

We have been blessed by the two years Fr. Marc has provided ministry to the members of Pax Christi, and know his gifts will be shared generously with the parishioners at his new assignment, which will begin July 1 as pastor of Corpus Christi and Saint Rose of Lima in Roseville. On the weekend of June 23 and 24, a reception in honor of and gratitude for his ministry with the Pax Christi faith community will be held after all the Masses. Please join with other parishioners as we wish Fr. Marc well in his new venture.



#### A NOTE ABOUT EVENTS AT PAX CHRISTI

Due to the large volume of events we offer at Pax Christi, we have to keep our announcements brief. Please visit us online at www.paxchristi.com for additional information and details. If an event indicates RSVP, you may register/signup online at www.paxchrisi. com/eventregistration. Questions? Contact the parish office, 952-941-3150.

#### **MAKE PLANS NOW**

#### **VACATION BIBLE CAMP**

July 23–27, 9:00am–12:00pm, Ages 3 – 5th grade youth, \$75 per child RSVP

Calling all campers! **Disciples on a Mission** is our theme for Bible Camp 2018. We will explore faith-filled Scripture stories brought to life by our fabulous Drama Team. We will sing and move to upbeat Christian music. We will make new friends by playing games and making crafts together. Outreach is a huge part of our camp experience. We will be making wonderful projects for our friends in local nursing homes and in the YouthLink organization. Our middle school and high school friends are invited to participate as camp crew leaders, craft leaders, nursery helpers, game leaders, or on our drama team. Adults—we need you! Come be a part of camp! No experience is necessary. If you love your faith, we welcome you. We do require that adult volunteers complete the essential three requirements for promoting a safe environment, as indicated on our online registration form. Don't miss the BEST WEEK OF THE SUMMER! Registration is open—register today!

#### **DRAMA CAMP**

July 23–27, 9:00am–3:00pm, 6th – 8th grade youth RSVP

Bible Camp Drama Team needs you! Come share your acting talents! No prior experience is necessary. Our fabulous team is open to those in 6th grade and older. The group meets for a rehearsal week of team-building, outreach opportunities, and learning our scripture stories. These awesome youth break open the Word of God through music and movement for the younger campers. Girls and boys are welcome to join. Registration is open—register today!

#### MIDDLE SCHOOL SERVICE CAMP

#### July 23-27, 8:30am-4:00pm, \$175 per youth RSVP

Will you be a sixth, seventh, or eighth-grader this fall? You are invited to be part of Pax Christi's Middle School Service Camp! Join PaxConnex for a week of service and fun at Pax Christi and in our local community. Mornings will be spent at local organizations serving those in need. Service sites may include People Reaching Out to People (PROP), Feed My Starving Children, and Senior Community Services. Youth also have the option of serving as crew leaders at Vacation Bible Camp. During the afternoons we will spend time having fun with games, movies, and trips to Grand Slam, Cascade Bay, and Valleyfair! Fee includes lunch each day, transportation to all off-campus locations, admission to all afternoon activity sites, and a t-shirt. Registration is open—register today!



### **BOOMERS & BEYOND**

PAX CHRISTI SENIOR MINISTRY

Sign-up at www.paxchristi.com/boomers to receive info on upcoming events.

#### Upcoming events include:

**June 1:** First Friday Coffee and Conversation







#### **MINISTRIES OF PRESENCE:**

#### **CARE CENTER VISITORS**

Throughout each week, lives of Catholic residents in area care centers are blessed by the presence of regular visitors from Pax Christi. Some shared ministers bring Communion and pray one-to-one, and others lead Communion services for small groups at various care centers. Monthly celebration of Mass at three area care centers is also supported by Pax Christi care center visitors.

#### **COMPANION MINISTERS**

Pax Christi has women and men who are specially trained to provide one-on-one confidential listening support to those who are experiencing a difficult time in life. Companion Ministers offer to accompany others on their faith journeys. Please notify us if you would like to learn more about having a Companion Minister journey with you.

#### **EUCHARISTIC MINISTER TO THE HOMEBOUND**

If you or someone you know is homebound and unable to attend Sunday Mass, we have trained shared ministers who can bring Communion and offer prayers of support.

#### **PAX PETS MINISTRY**

Pax Pets ministers are a group of animal lovers who know and appreciate the ability of pets to demonstrate God's unconditional love. Certified pet teams visit area care centers and make hospice visits. Pet teams meet periodically to gain knowledge and build community with one another.

Training specific to each ministry is provided; ongoing monthly enrichment/education opportunities for shared ministers are offered.

For additional information visit www.paxchristi.com/careandsupportministry.

IONDAY 4	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY  1 FIRST FRIDAY COFFEE	SATURDAY 2
4				1 FIRST FRIDAY COFFEE	
4				AND CONVERSATION	
7	SOULCOLLAGE® BAPTISM CLASS	FAREWELL TO MARY KENNEDY	7	8	9
11	12	13	14 CENTERING PRAYER	15	16
18	19 LEADERSHIP MEETINGS	20	21  COMPASSIONATE CARE LISTENING CIRCLE	22	FAREWELL TO FR. MARC
25	26	27	28 CENTERING PRAYER	29	30
	SENIOR HIGH YOU	UTH SERVICE/MISSION T	RIP TO CHICAGO		
	18	BAPTISM CLASS  11 12  18 19  LEADERSHIP MEETINGS  25 26	11 12 13  18 19 20  LEADERSHIP MEETINGS  25 26 27	11       12       13       14         18       19       20       21         LEADERSHIP MEETINGS       COMPASSIONATE CARE LISTENING CIRCLE         25       26       27       28	11 12 13 14 15  CENTERING PRAYER  18 19 20 21 22  LEADERSHIP MEETINGS  COMPASSIONATE CARE LISTENING CIRCLE  25 26 27 28 29  CENTERING PRAYER



#### **PASTOR**

Fr. Bill Murtaugh 952-405-7245

#### ASSOCIATE PASTOR

Fr. Marc Paveglio 952-405-7219

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#### PARISH FINANCIAL MANAGER

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Melissa Nault 952-405-7221

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Joan Howe-Pullis

952-405-7247

952-405-7233

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OPERATIONSDirectorKen Reineccius952-405-7250Building ServicesTerry Lee952-405-7233

Todd Nelson

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#### STEWARDSHIP AND DEVELOPMENT

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**Building Services** 

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